**Novel Role for CFTR in Fluid Absorption from the Distal Airspaces of the Lung**

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**Abstract**

The active absorption of fluid from the airspaces of the lung is important for the resolution of clinical pulmonary edema. Although ENaC channels provide a major route for Na⁺ absorption, the route of Cl⁻ transport has been unclear. We applied a series of complementary approaches to define the role of Cl⁻ transport in fluid clearance in the distal airspaces of the intact mouse lung, using wild-type and cystic fibrosis ΔF508 mice. Initial studies in wild-type mice showed marked inhibition of fluid clearance by Cl⁻ channel inhibitors and Cl⁻ ion substitution, providing evidence for a transcellular route for Cl⁻ transport. In response to cAMP stimulation by isoproterenol, clearance was inhibited by the CFTR inhibitor glibenclamide in both wild-type mice and the normal human lung. Although isoproterenol markedly increased fluid absorption in wild-type mice, there was no effect in ΔF508 mice. Radioisotopic clearance studies done at 25°C (to block active fluid absorption) showed ~20% clearance of 22Na in 30 min both without and with isoproterenol. However, the clearance of 36Cl was increased by 47% by isoproterenol in wild-type mice but was not changed in ΔF508 mice, providing independent evidence for involvement of CFTR in cAMP-stimulated Cl⁻ transport. Further, CFTR played a major role in fluid clearance in a mouse model of acute volume-overload pulmonary edema. After infusion of saline (40% body weight), the lung wet-to-dry weight ratio increased by 28% in wild-type versus 64% in ΔF508 mice. These results provide direct evidence for a functionally important role for CFTR in the distal airspaces of the lung.

**Key words:** pulmonary edema • cystic fibrosis • lung epithelium • cAMP • lung fluid balance

**Introduction**

The mechanisms that regulate the removal of salt and water from the distal airspaces of the lung are relevant to understanding the resolution of clinical pulmonary edema. Most experimental studies have attributed a primary role for active sodium transport in the vectorial transport of salt and water from the alveolar epithelium. Several in vivo studies have demonstrated that inhibition of sodium uptake by amiloride, or one of its analogues, reduces the rate of vectorial salt and water transport in the sheep, rat, rabbit, mouse, and human lung (Berthiaume et al., 1987; Effros et al., 1989; Matthay et al., 1996). In vitro studies support a role for sodium in driving salt transport across cultured alveolar epithelial type II cells (Cheek et al., 1989; Matalon and O’Brodovich, 1999; Jain et al., 2001). Also, the α subunit of the apical epithelial sodium channel (ENaC) is essential for the perinatal removal of alveolar fluid in the mouse lung (Hummler et al., 1996).

The contribution of chloride transport to theisosmolar reabsorption of fluid from the distal airspaces of the lung is less clear. Measurements on cultured alveolar epithelial type II cells suggested that cAMP mediated apical uptake of sodium may be driven by an increase in chloride conductance (Jiang et al., 1998). However, the results were considered inconclusive, partly because the experiments were done using cultured alveolar epithelial cells of uncertain phenotype (Lazar et al., 1999; Widdicombe, 2000). Furthermore, studies of isolated alveolar epithelial type II cells do not address the possibility that vectorial fluid transport may be mediated by several different epithelial cell types including alveolar epithelial type I cells (Borok et al., 2002; Johnson et al., 2002) as well as distal airway epithelial cells (Folkskorn et al., 1996). Studies in several species have indicated that the distal airway epithelium is capable of ion transport (Ballard et al., 1992; Al-Bazzaz, 1994). Both ENaC and the CFTR are expressed in distal airway as well as alveolar epithelia (Engelhardt et al., 1994; Rochelle et al., 2000).

We reasoned that intact lung studies were required to define the role of chloride and CFTR in active salt and water transport across the distal airspaces. Several strategies were used. Inhibition and ion substitution experiments indicated an important role for transcellular chloride transport. Experiments in wild-type mice and the ex vivo human lung demonstrated that isoproterenol-stimulated fluid absorption was inhibited by glibenclamide, suggesting a role for CFTR. To test the role of CFTR directly, cystic fibrosis mice (ΔF508) were stud-
ied. Both fluid absorption and $^{36}$Cl uptake from the distal airspaces were stimulated by isoproterenol in wild-type, but not in ΔF508 mice. Finally, the significance of the impaired fluid transport in ΔF508 mice was tested in a model of acute hydrostatic pulmonary edema. The impaired fluid clearance in ΔF508 mice resulted in high lung water and alveolar edema. These studies provide the first direct evidence for a major function of CFTR in the distal epithelium of the lung.

**Materials and Methods**

**Transgenic Mice**

ΔF508 mice on a C57BL6/Jc3H/HeJ hybrid genetic background were provided by the CFRDF animal core at the University of California, San Francisco. Heterozygous offspring, which appeared phenotypically normal, were intercrossed to generate homozygous ΔF508 mice. Genotype analysis of tail DNA was done by PCR at 10 d of age. The wild-type and heterozygous mice were fed a standard diet and the ΔF508 mice a liquid diet as recommended (Kent et al., 1996). The ΔF508 mice show pathological and electrophysiological changes consistent with a CF phenotype (Colledge et al., 1995). Measurements were done in litter-matched mice (8–12 wk of age). The investigators were blinded to genotype information for all comparative transport measurements. Protocols were approved by the University of California at San Francisco Committee on Animal Research.

**Measurements of Fluid Clearance in Mice**

Mice were killed using intraperitoneal pentobarbital (200 mg/kg). A tracheostomy was rapidly done with a 20-gauge angiocatheter. Lungs were inflated with 100% oxygen at 4 cm H$_2$O continuous positive airway pressure throughout the experiment. In these studies, body temperature was maintained at 37–38°C using an infrared lamp and intra-abdominal monitoring thermistor. In situ perfused experiments, the pulmonary artery was cannulated with polyethylene PE-20 tubing and the left atrium was transected to permit fluid exit. The pulmonary artery was gravity perfused at 5 cm H$_2$O pressure, and the perfusate was maintained 60% volume administered over 100 min. In some experiments, propranolol was given at escalating dose (5–21 mg/kg) to maintain the PaCO$_2$ at 35–40 mm Hg. The lungs were exsanguinated, a blood sample was obtained for measurement of hemoglobin concentration and the wet-to-dry weight ratio of tissue was measured: 1 ml of saline was given by intratracheal instillation of instillate to both lungs over 30 s through the tracheal cannula. The instillate consisted of Ringer’s lactate (containing 5% BSA and $^{131}$I-albumin). In some studies, 0.1 mM isoproterenol and/or 0.1 mM glibenclamide were added to the instillate.

**Uptake of $^{22}$Na and $^{36}$Cl in the Mouse Lung**

These studies were done in the in situ perfused mouse lung at room temperature (23°C). Identical solutions (102.6 mM NaCl, 4.02 mM KCl, 1.36 mM CaCl$_2$, 28 mM sodium lactate, 5% albumin, and 325 mOsm, pH 7.4) were used in the perfusate and instillate, except for the presence of tracer quantities of $^{22}$Na and $^{36}$Cl in the airspace instillate. $^{22}$Na was measured using a γ counter, and $^{36}$Cl by a scintillation counter (with correction for $^{35}$Cl counts). A sample of the instilled fluid was obtained at 1 and 30 min (1 min was taken as 0 point because the instillate may be diluted initially). In some experiments, 0.1 mM isoproterenol and/or 0.1 mM glibenclamide were added to the instillate and perfusate. Albumin concentrations were measured at 1 and 30 min to confirm that there was no net fluid clearance from the airspaces of the lungs, as we and others have reported previously that room temperature abolishes active fluid clearance (Matthay et al., 1996). In some experiments $^{14}$C-mannitol was instilled as a paracellular permeability marker.

**Hydrostatic Volume-overload Studies in Mice**

A standard model of acute hydrostatic edema was used (Broadus et al., 1990; Frank et al., 2000). Mice were anesthetized (ketamine 80 mg/kg and xylazine 12 mg/kg) and ventilated with a constant volume ventilator (Harvard Apparatus) with a tidal volume of 8 ml/kg, a positive end-expiratory pressure of 3 cm H$_2$O, and 100% oxygen. A catheter was inserted into the left carotid artery to obtain blood samples and instillate fluid. The respiratory rate was adjusted to maintain the PaCO$_2$ at 30–40 mm Hg. The mice were monitored by electrocardiography. After a 20-min baseline period, an intra-arterial infusion of saline was given by an infusion pump over 2 h (total volume 40% of body weight, with 40% of the total volume given over the first 20 min, the remaining 60% volume administered over 100 min). In some experiments, propranolol was given at escalating dose (5–21 μg/kg/min) before volume overload. At 2 h, the mice were killed by exsanguination, a blood sample was obtained for measurement of hemoglobin concentration and the wet-to-dry weight ratio of blood. The lungs were removed and homogenized for measurement of the wet-to-dry weight ratio using standard methods (Berthiaume et al., 1987; Fukuda et al., 2000). Histopathology was done as previously described (Kaner et al., 2000): lungs were inflated to total lung capacity, and the tracheas were ligated. Lungs were placed in 300 ml PBS heated to 60°C for 3 min in a micro-
wave oven and transferred to 4% paraformaldehyde overnight. The lungs were embedded with paraffin and sections were cut at 4-μm thickness stained with hematoxylin and eosin.

Statistics

Data are summarized as mean ± SEM. Analysis of variance was used to compare the different animal groups. Where appropriate, an unpaired t test was used. \( P < 0.05 \) was taken as statistically significant.

RESULTS

Role of Transcellular Sodium and Chloride Transport

Isosmolar fluid absorption, measured initially in the in situ nonperfused mouse lung, was reduced by 70–80% with amiloride or NPPB (Fig. 1), indicating that inhibition of sodium or chloride transport can prevent basal vectorial fluid transport across the distal pulmonary epithelium. These results provide evidence that transcellular fluid transport probably occurs for both sodium and chloride. As expected, inhibition of \( \text{Na}^+/\text{K}^-\text{-ATPase} \) by ouabain markedly inhibited fluid absorption.

To assess qualitatively the relative contributions of sodium and chloride to fluid absorption, isosmolar ion substitution studies were performed in the in situ perfused mouse lung. In the in situ perfused model, the basal fluid clearance rates are ∼50% of those in the nonperfused in situ lung (Ma et al., 2000). The same concentration of solutes on both sides of the distal pulmonary epithelium was achieved by using the same solution for both the perfusate and the instillate in the airspaces. This approach avoids the problem of solute imbalance that can occur with ion substitution experiments that
change solute concentrations on only one side of the transporting epithelium. A reduction in [Na\(^+\)] to 50\% by the substitution of choline\(^+\) had little effect on basal fluid clearance (Fig. 2, open bars). However, reduction in [Cl\(^-\)] to 50\% by the substitution of gluconate\(^-\) inhibited distal airspace fluid clearance by \(~\)50\%. Reduction in the concentration of [Cl\(^-\)] to 50\% by substitution of nitrate\(^-\), an anion that can generally substitute for Cl\(^-\) in Cl\(^-\) channels, had no effect on basal fluid clearance. Also, fluid absorption after cAMP agonists was significantly lower with a 50\% reduction of [Cl\(^-\)] than with a 50\% reduction of [Na\(^+\)] (Fig. 2, closed bars).

The results suggest that chloride can be rate limiting in isosmolar fluid transport under both basal and isoproterenol-stimulated conditions. However, substitution of Cl\(^-\) for gluconate\(^-\) may depolarize the apical membrane potential and could reduce the driving force for Na\(^+\) transport. Alternatively, the low free-ionized calcium in the gluconate solutions may reduce possible calcium-dependent chloride permeability. Therefore, the results of these studies provided suggestive, but not conclusive, evidence for a role of chloride in transcellular epithelial transport. Additional experiments were performed to assess the role of chloride transport by CFTR, using both pharmacologic inhibition of CFTR and cystic fibrosis mice.

**Role of CFTR in cAMP-stimulated Fluid Absorption**

Two strategies were used to test the potential role of CFTR in fluid absorption in the distal airspaces of the lung. The first approach was to inhibit chloride transport with glibenclamide, a relatively selective inhibitor of CFTR (Schultz et al., 1999). The second approach was to measure fluid absorption in \(\Delta F508\) mice that lack functional CFTR in the cell plasma membrane (Clarke et al., 1992). Studies were done under both basal- and cAMP-stimulated conditions.

The initial experiments showed that glibenclamide had no effect on basal clearance (Fig. 3 A). Isoproterenol stimulated basal fluid clearance, as previously reported (Bai et al., 1999; Fukuda et al., 2000), but glibenclamide prevented the cAMP-induced increase in fluid clearance (Fig. 3 A). These results provided support for the hypothesis that CFTR may mediate the cAMP stimulated increase in fluid clearance.

To determine if CFTR inhibition by glibenclamide would also impair cAMP-stimulated clearance in the human lung, an ex vivo human lung preparation was used (Sakuma et al., 1998). Glibenclamide alone had no effect on basal fluid clearance in the ex vivo human lung (Fig. 3 B). cAMP stimulation with terbutaline increased fluid clearance. cAMP-stimulated fluid clearance was prevented by glibenclamide, which is similar to the studies in the mouse lung.

To directly test the role of CFTR in isosmolar fluid clearance in the in situ mouse lung, we used cystic fibrosis mice. Studies of fluid absorption in wild-type and \(\Delta F508\) mice showed no difference in basal isosmolar fluid clearance (Fig. 4, open bars), which is consistent with the observation that glibenclamide did not impair basal clearance in the human or mouse lung. In the presence of isoproterenol, fluid clearance was mark-
edly increased in the wild-type mice but not changed in the ΔF508 mice (Fig. 4, closed bars). To be certain that the lack of response to isoproterenol was not due to downregulation of β receptors, additional studies were done with forskolin/IBMX (0.1 mM each, n = 10 wild-type and 6 ΔF508 mice). There was a 57 ± 7% increase in fluid clearance in the wild-type mice, but no change in fluid clearance in the ΔF508 mice. The data support the conclusion that CFTR is required for cAMP-mediated upregulation of fluid clearance, but is not necessary for basal fluid absorption.

Active transport across the distal lung epithelium at 37°C couples salt (sodium and chloride) and water to maintain isosmolar conditions (Serikov et al., 1993). Thus, it is not possible to study the separate transport of sodium and chloride. Experiments were designed to measure the passive transport of tracer $^{22}\text{Na}$ and $^{36}\text{Cl}$ in situ perfused mouse lungs at room temperature (23°C). Since room temperature abolishes active ion transport, isotopic transport of $^{22}\text{Na}$ and $^{36}\text{Cl}$ from the distal airspaces of the lung occurs without a change in the net air space fluid volume, and can occur by an exchange mechanism without obligate counterion cotransport. Measurement of alveolar protein concentration confirmed there was no net clearance of distal airspace fluid during these experiments, since the concentration of albumin was the same at 1 and 30 min after instillation. Under basal conditions, $^{22}\text{Na}$ and $^{36}\text{Cl}$ loss from the air spaces was similar, ~20% in 30 min (Fig. 5). In the presence of isoproterenol, $^{36}\text{Cl}$ removal was accelerated significantly, whereas $^{22}\text{Na}$ removal was not changed. The isoproterenol-induced increase in $^{36}\text{Cl}$ transport was inhibited by glibenclamide, providing evidence that the cAMP-stimulated uptake of $^{36}\text{Cl}$ under isotopic conditions may be mediated by CFTR.

To determine the contribution of CFTR in mediating cAMP-induced $^{36}\text{Cl}$ transport from the distal air spaces, similar studies were performed in ΔF508 mice. The loss of $^{22}\text{Na}$ and $^{36}\text{Cl}$ in ΔF508 mice was not affected by isoproterenol (Fig. 5). These results provide direct evidence for a role of CFTR in cAMP-stimulated Cl$^-$ transport in the distal airway epithelium. $[^{14}\text{C}]$mannitol loss from the airspaces was

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**Figure 4.** Fluid clearance from the distal airspaces of wild-type (open bars) and ΔF508 (closed bars) mice. Measurements were done in the in situ perfused lung at 37°C under basal conditions (n = 24 wild-type, n = 7 ΔF508) and in the presence of 0.1 mM isoproterenol (n = 9 wild-type, n = 6 ΔF508). *P < 0.05 compared with control group, data as mean ± SEM.

**Figure 5.** Isotopic $^{22}\text{Na}$ and $^{36}\text{Cl}$ transport from the airspace compartment of wild-type and ΔF508 mice. Measurements were done in the in situ perfused lung preparation at 23°C. The y-axis is the ratio of final (30 min after instillation) to initial (1 min after instillation) $^{22}\text{Na}$ or $^{36}\text{Cl}$ radioactivities in fluid sampled from the distal airspaces. Individual (closed circles) and averaged (mean ± SEM) values are shown. Where indicated, the instillate contained 0.1 mM isoproterenol (iso), 0.1 mM glibenclamide (glib), and 0.1 mM isoproterenol + 0.1 mM glibenclamide. *P < 0.05 compared with all other groups.
the same under basal conditions and with isoproterenol stimulation, thus excluding an effect of cAMP agonist stimulation on paracellular epithelial permeability.

Hydrostatic Volume-overload Model of Pulmonary Edema

The previous experiments established a role for CFTR in cAMP stimulated fluid clearance from the distal airspaces of the lung. The final set of experiments were designed to test the contribution of CFTR to fluid clearance using a model of hydrostatic volume overload. Previous studies established that endogenous release of epinephrine stimulates fluid clearance from the airspaces of the lung during a hydrostatic stress (Campbell et al., 1999). These experiments were done to test the hypothesis that the lack of functional CFTR in ΔF508 mice would limit their capacity to remove alveolar edema.

Hydrostatic pulmonary edema was induced in ventilated mice using a standard preparation of acute intravascular volume expansion. After volume overload by saline infusion, there was 27% and 31% increase in the lung wet-to-dry weight ratio in wild-type and heterozygous mice, respectively (Fig. 6). In the ΔF508 mice, the lung wet-to-dry weight ratio increased by 64% (P < 0.05). Lung histology showed moderate interstitial edema with perivascular fluid cuffs (arrow) in volume-overloaded wild-type mice (middle). Alveolar edema in most sections of volume-overloaded ΔF508 mice (right). Bar, 30 μm.
endogenous catecholamines with propranolol resulted in similar increases in lung wet-to-dry weight ratio in the wild-type and heterozygous mice to the level measured in the ΔF508 mice. Thus, the impaired capacity to remove edema fluid from the distal airspaces of the lung in ΔF508 mice resulted in a significant increase in extravascular lung water in the presence of hydrostatic pulmonary edema.

**DISCUSSION**

These experiments provide new information regarding the role of chloride and CFTR in the isosmolar reabsorption of fluid from the distal airspaces of the lung. Pharmacologic, ion substitution, isotopic ion transport, and gene knockout experiments indicated that cAMP-dependent fluid absorption from the distal airspaces of the lung involves chloride transport by CFTR. A potential role for chloride in cAMP-mediated fluid transport has been suggested in studies of cultured alveolar type II cells (Jiang et al., 2001), but the lack of intact lung studies has made it difficult to evaluate the role of chloride under conditions that are germane to in vivo fluid absorption. There are several cell types that may participate in salt and water transport from the distal airspaces of the lung including alveolar type I cells (Ding et al., 1997; Dobbs et al., 1998; Borok et al., 2002; Johnson et al., 2002), alveolar type II cells (Matalon and O’Brodovich, 1999), and distal airway epithelial cells (Ballard et al., 1992; Al-Bazzaz, 1994). The primary goal for these studies was to test the role of chloride and CFTR in the intact lung where the normal in vivo tissue morphology and driving forces for ion and water transport are present. Experiments in the intact lung also made it possible to study the role of chloride transport and CFTR in the pathophysiology of pulmonary edema.

The majority of the studies reported here were done in the intact mouse lung, a species that has a maximal rate of alveolar fluid clearance (Fukuda et al., 2000; Ma et al., 2000) that is similar to the rate of maximal alveolar fluid clearance measured during the resolution of alveolar edema in the human lung in patients with pulmonary edema (Verghese et al., 1999; Ware and Matthay, 2001). Pharmacologic studies were also done in an ex vivo human lung to confirm the relevance of findings in the mouse to the human lung.

The studies with glibenclamide, an inhibitor of CFTR, provided pharmacologic evidence that CFTR may be important in cAMP-stimulated fluid absorption in mouse lung as well as in the human lung. Because of the imperfect specificity of glibenclamide (Schultz et al., 1999), experiments also were done in homozygous ΔF508 mutant mice. In contrast to wild-type mice, neither isoproterenol nor forskolin increased fluid absorption. Also, isoproterenol did not increase 36Cl uptake in the isotopic studies in the ΔF508 mice. Although CFTR is necessary for cAMP-unregulated fluid clearance, basal clearance did not depend on CFTR, as demonstrated by normal rates of fluid clearance and 36Cl uptake in the ΔF508 mice and the lack of effect of glibenclamide on basal fluid clearance in the human or mouse lung. These studies indicate that basal fluid clearance in the mouse is CFTR-independent while cAMP stimulated fluid transport is CFTR-dependent.

The involvement of chloride transport and CFTR in lung fluid absorption were tested using an established mouse model of acute hydrostatic pulmonary edema that is associated with an increase in endogenous catecholamine levels. An acute increase in endogenous catecholamines is normally associated with a compensatory increase in the rate of distal epithelial fluid clearance that can protect against alveolar edema and reduce the quantity of edema formation in the lung (Pittet et al., 1994). A hydrostatic stress with volume overload resulted in significantly more pulmonary edema ΔF508 mice than in wild-type ΔF508 heterozygous mice. Alveolar edema was detected only in the ΔF508 mice. To confirm that the wild-type and heterozygous mice were protected by upregulated cAMP-stimulated fluid transport, the effect of endogenous catecholamines was inhibited by β blockade, as reported previously (Pittet et al., 1994, 1996). β Blockade produced similar degrees of pulmonary edema in wild-type and ΔF508 mice, supporting the conclusion that cAMP stimulated CFTR activity plays an important role in the clearance of edema fluid from the distal airspaces of the lung.

There are several implications of these experiments. Since basal alveolar fluid clearance is rapid in the mouse and the human lung, the lack of CFTR would not be expected to prevent the normal clearance of perinatal fluid at the time of birth. This conclusion fits well with the observation that the lack of CFTR does not increase the risk of acute respiratory failure at birth in humans with cystic fibrosis nor in ΔF508 mice. However, the lack of CFTR in the adult lung could impair clearance of fluid from the distal airspaces of the lung under some pathological conditions that may be relevant to human cystic fibrosis. The most common cause of acute respiratory failure in cystic fibrosis is advanced obstructive airway disease, which is often complicated by bacterial pneumonia (Boucher et al., 2000). We previously reported that the removal of excess fluid from the distal airspaces of the lung is an important protective mechanism in *P. aeruginosa* pneumonia in rats (Rezaiguia et al., 1997), and cAMP fluid dependent clearance is important in minimizing alveolar edema in septic and hypovolemic shock (Pittet et al., 1994, 1996). In addition, in patients with pulmonary edema from several different etiologies, the inability to generate maximal alveolar fluid clearance is associated with a
longer duration of mechanical ventilation and a higher mortality (Ware and Matthay, 2001).

Finally, although the functional importance of CFTR is well recognized in the pathophysiology of cystic fibrosis in the proximal airways of the lung, it has been proposed without direct evidence that CFTR may have important functional significance in the distal lung (Boucher et al., 2000). These studies provide the first evidence for a functional role of CFTR in the distal pulmonary epithelium. Because the alveolar epithelium comprises the vast majority of the surface area of the lung (Weibel, 1989), previous estimates have discounted a significant role for the distal airway epithelium in the reabsorption of pulmonary edema. However, the findings of these studies indicate that distal airway epithelium may play an important role, partly because the expression of CFTR is greater in distal airway epithelium than in the alveoli (Engelhardt et al., 1994; Rochelle et al., 2000). Recent studies have shown that water channel AQP4 (expressed in airway, but not alveolar, epithelia) plays a small but significant role in osmotically driven lung fluid transport (Song et al., 2001). cAMP fluid transport through CFTR also may occur across the alveolar epithelium based on evidence of expression of CFTR and β receptors in type I and II alveolar epithelial cells (Carstairs et al., 1985; Engelhardt et al., 1994; Rochelle et al., 2000; Liebler et al., 2001). Thus, the resolution of airspace edema is likely to depend on vectorial salt and water transport at the level of both the distal airway and alveolar epithelium, although further studies are needed to define the exact contributions of alveolar versus distal airway epithelium to the removal of distal airspace edema fluid.

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